

PLAN WITH PURPOSE - STEP 2

A simple framework to help you plan a trip that actually fits how you want to travel.

Use this after you've gotten clear on what matters most for your trip.



Destination:

Start With What Matters Most

- ☐ What do I want more of from this trip?
- ☐ What would make this trip feel like a reset for me?
- ☐ What pace feels right for this trip?
- ☐ Who am I traveling with—and how does that shape this trip?

Trip Basics

- ☐ Select destination
- ☐ Choose travel dates and timeframe.
- ☐ Consider season, weather, and crowds
- ☐ Set a realistic budget (include a cushion)

Transportation

- ☐ Decide how I'm getting there (flight, road trip, train, cruise)
- ☐ Book primary transportation
- ☐ Plan transportation at destination
- ☐ Rental car, transfers, train, or ride share options

Dates:

Accommodations

- ☐ Research accommodation options
- ☐ Book hotel, Airbnb, or cruise cabin
- ☐ Save address and contact information

Itinerary Planning

- ☐ List top priorities for this trip
- ☐ Book major tours or tickets
- ☐ Plan 1-2 anchor activities per day (not everything)
- ☐ Leave space for rest and exploration

Entry Requirements & Travel Protection

- ☐ Check passport validity (6+ months beyond return if required)
- ☐ Make copies of passport (for backup)
- ☐ Research visa or entry requirements
- ☐ Review health requirements
- ☐ Purchase travel insurance



TAKE TIME FOR THE TRIP

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Money & Payments

- ☐ Create a payment timeline
- ☐ Set reminders for due dates
- ☐ Plan payment methods
- ☐ Bring a backup payment option
- ☐ Obtain local currency if needed

Note:

Not all banks offer foreign currency, and it may take up to a week to order.

Check exchange rates and plan ahead.

Packing

- ☐ Pack for destination and activities
- ☐ Plan outfits in advance
- ☐ Include medications and essentials
- ☐ Pack carry-on items
- ☐ Bring chargers and adapters if needed

Before You Leave

- ☐ Set out-of-office email
- ☐ Arrange pet or home care
- ☐ Hold mail or deliveries
- ☐ Secure home and check locks
- ☐ Bring printed itinerary

One Week Before Departure

- ☐ Confirm flights
- ☐ Confirm accommodations
- ☐ Confirm tours and transfers
- ☐ Check in for flights or cruise
- ☐ Review packing list
- ☐ Check weather forecast

Documents to Bring With You

- ☐ Print copies of reservations and tickets
- ☐ Save digital copies on phone
- ☐ Share itinerary with a trusted person

And Then...

- ☐ Be present
- ☐ Leave space for spontaneity
- ☐ Enjoy the experience you created.

ENJOY!

Take Time for the Trip!

Trips feel different when you plan around what matters most from the start. 😊



TAKE TIME FOR THE TRIP